



Comet Chronicles

Comet Chronicles

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Welcome to the Comet Chronicles,
Fallsburg Jr./Sr. High School's student newspaper.
By the students, for the students, about the students!

In this edition, we have tried to publish articles, pictures, and reports from both the Comet Chronicles student staff members and student contributors. We are definitely seeing a greater level of participation from all of the students! Keep up the good work.

Thank you so much to this year's student staff members. You make an awesome team! As you know, each year we lose much of our student staff to graduation! Each year, new students take their place. There is always a time to acclimate and try out new ideas; thank you for doing an outstanding job.

It is still our intent to keep our focus on being a school newspaper that is centered on you, the students. We are striving to keep things fresh, relatable, and interesting.

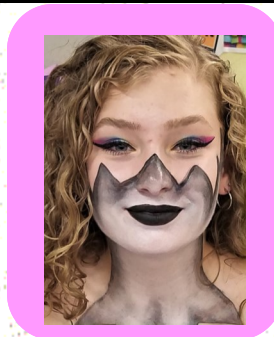
If you have an interest in publishing something in our school paper, you are welcome to submit photos, articles, and items of interest to the Comet Chronicles. Please see a staff member (listed below) who can give you more information.

We love to hear from you about what you would like to see in your paper! Thank you for supporting the Fallsburg Jr./Sr. High School's paper, the Comet Chronicles!

Comet Chronicles Team

Sadia Abohussien
Jade Kessler
Tulsi Patel
Madison Shene

Gloriana Capicchioni
Henderson Lagos
Sky Perry
Alexa Zuewsky



Front Cover Artist— Emily Collura

Back Cover Artist - Artist - Sirel McGinnis

Advisor - L. Moriarty

Special Thanks to Larry Schafman
for letting us use some of his great photos!

School & Community



Warm winter jackets were graciously donated for Fallsburg children of Fallsburg Central School District on November 4, 2019 just in time for the onset of frigid weather. In the photo left to right are FCSD Assistant Superintendent Dr. Matthew Evans, BOE Members Fiorella Muscia and Renee Kates, the Honorable Assemblywoman Aileen Gunther, FCSD Superintendent Dr. Ivan Katz, and BOE Member Dr. Sean Wall-Carty.

2019-2020 SGA Officers and Representatives



7th Grade Class of 2025

President: Kaelyn Fuentes
Vice Pres: Madeline Stone
Secretary: Nancy Martinez
Cadena
Treasurer: Ashley Ingrassia
Rep/s: Sanayah Phillips

10th Grade Class of 2022

President: Tamia Caston
Vice Pres: Emily Collura
Secretary: Jeimy Brizuela
Treasurer: Ceci Mancia
Rep/s: Anna Dell'Aquila
Siomarelix Ocasio Ortiz

8th Grade Class of 2024

President: Jacob Lawrence
Vice Pres: Adam Mednick
Secretary: Geovanna Pineda
Treasurer: Emily Perna
Rep/s: Arianna Gonzalez

11th Grade Class of 2021

President: Dolce McPherson
Vice Pres: Haddy Gai
Secretary: Ennie Li
Treasurer: Fatoumatta Darboe
Rep/s: Kailie Ruiz, Rachel Pena,
Neema Darboe, Janelly Santos
Lopez, Nevaeh Valree

9th Grade Class of 2023

President: Yadhier Tejada
Vice Pres: Genesis Zelaya
Secretary: Isabella Frunzi
Treasurer: Allison Perna
Rep/s: Mikalah Ballard

12th Grade Class of 2020

President: Amanda Zeno
Vice Pres: Ethan Mednick
Secretary: Kimberly Mahler
Treasurer: Faith Colombo
Rep/s: Ashley Avelar Hernan-
dez, Dereck Williams, Shauna
Bellacicco, Kiara Mims, Jose Ro-
driguez Diaz

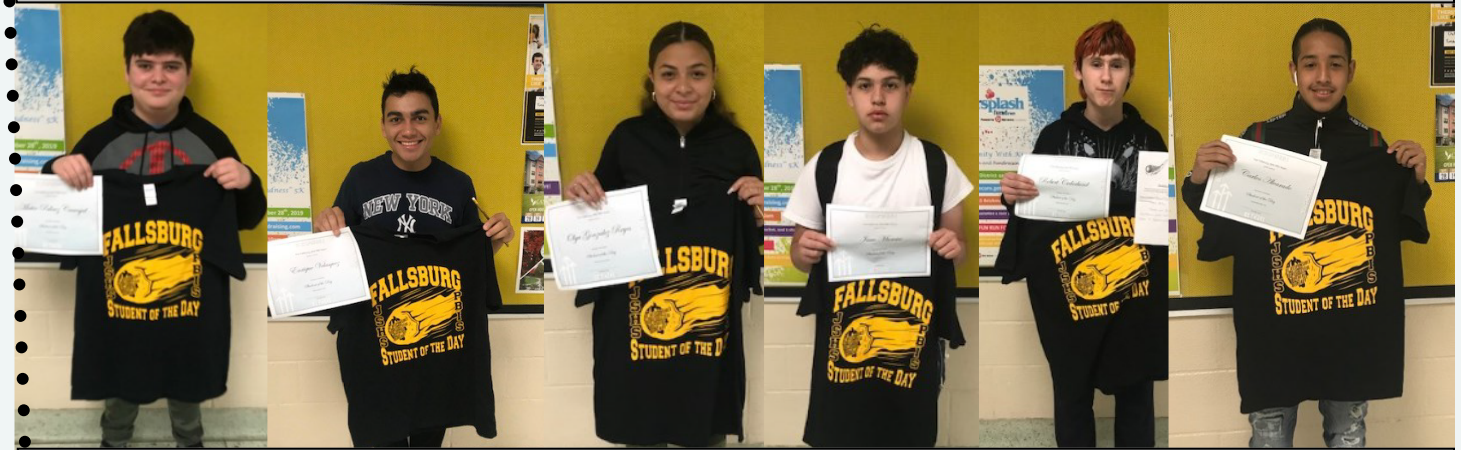
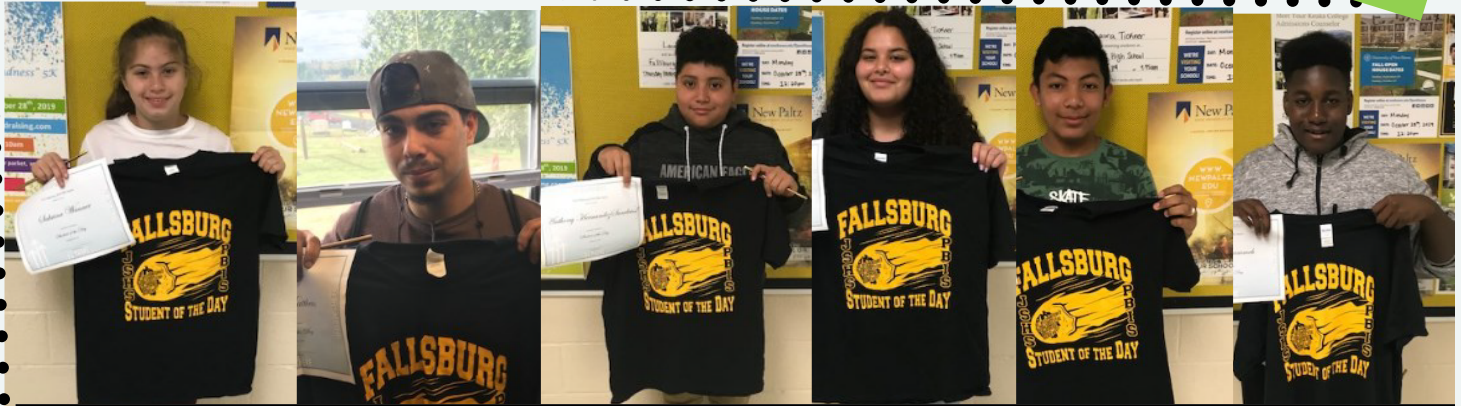
SGA Officers

President: Tulsi Patel
Vice Pres: Sadia AboHussien
Secretary: Tamia Caston
Treasurer: Emily Collura
Chief Justice: Kimberly Mahler

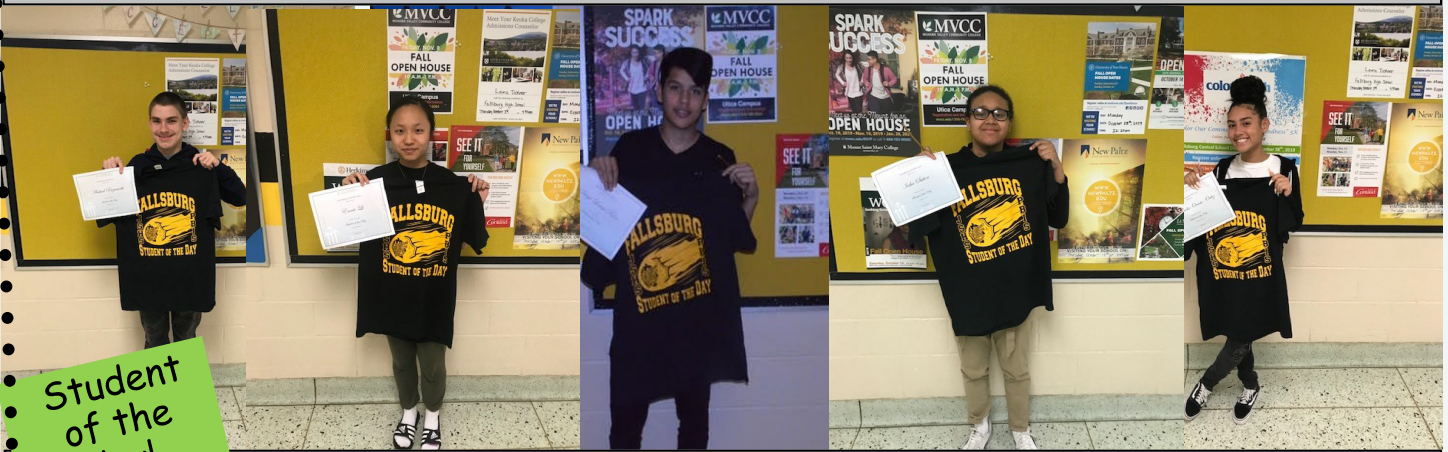


CONGRATULATIONS!

Student of the day!



CONGRATULATIONS!



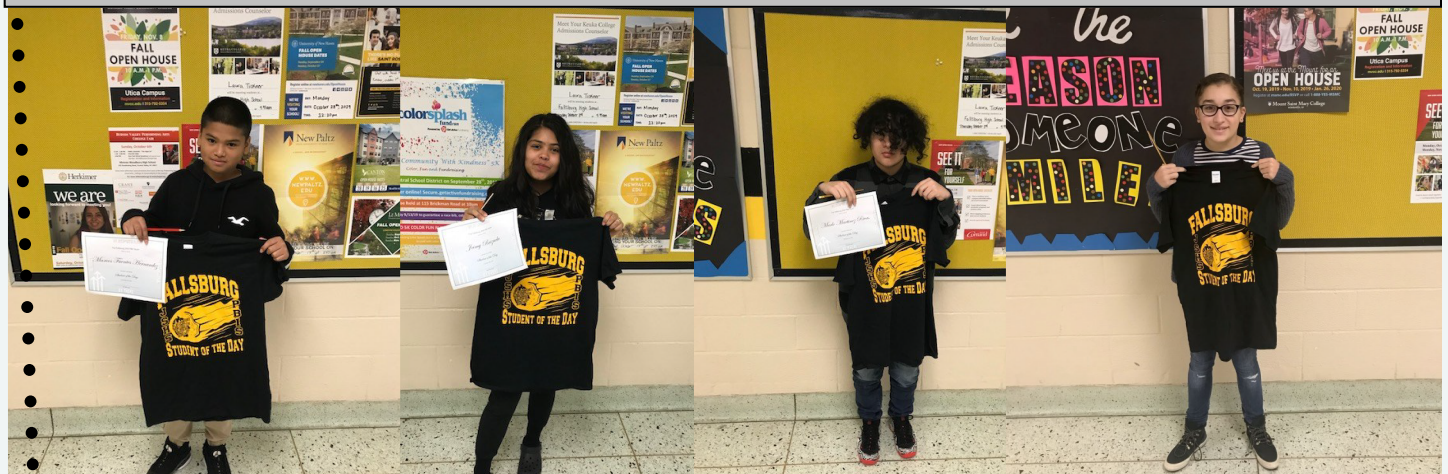
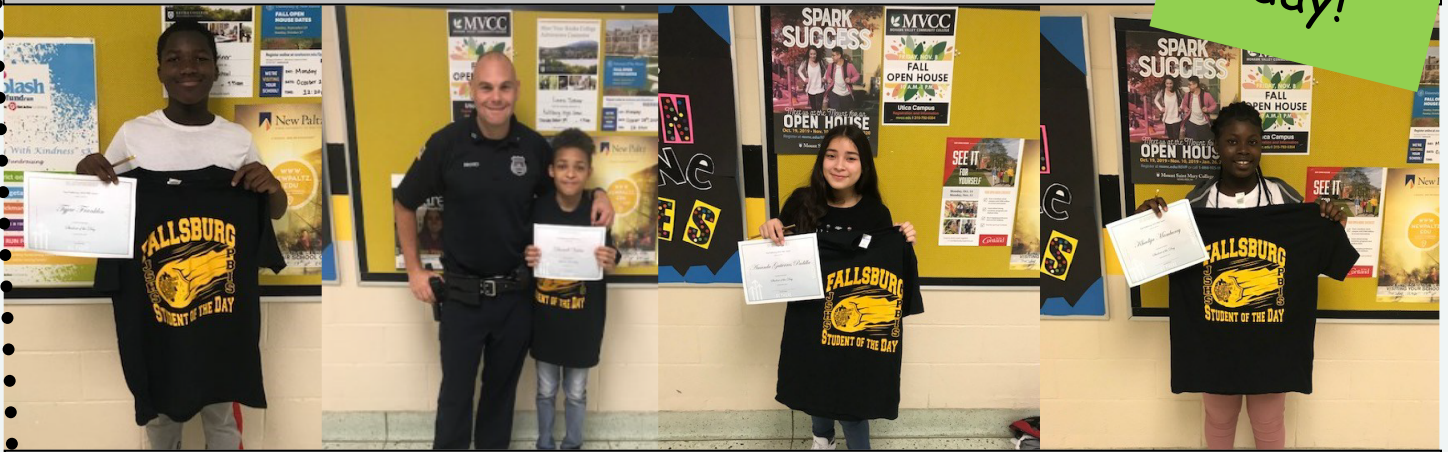
Student of the day!



CONGRATULATIONS!



Student of the day!

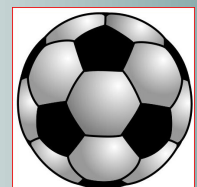
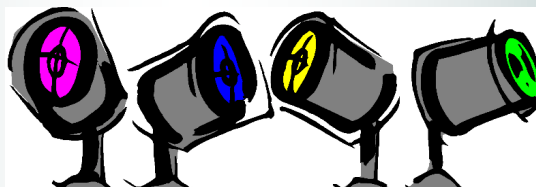
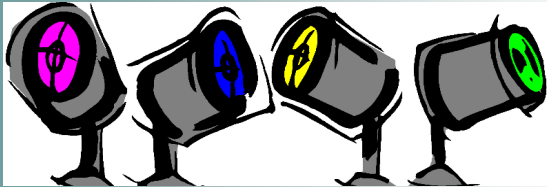
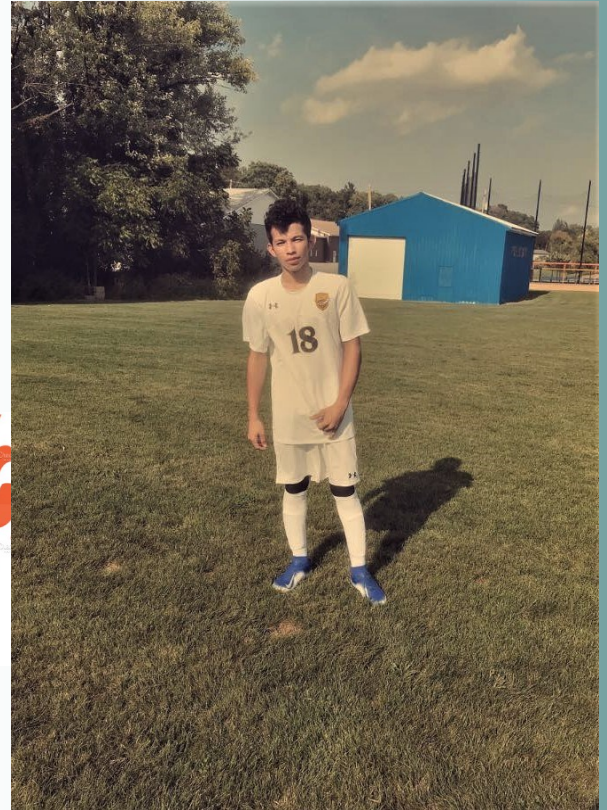


Unity Day at the JSHS!



The Positive Behavior Intervention and Supports Team and Student Government Association thanks everybody that participated in Unity Day here at the Junior Senior High School. The students and staff all received an orange unity band stating that Fallsburg Junior Senior High School is united against bullying. Thank you for all the support and enjoy some of the pictures from the event.

STUDENT SPOTLIGHT



██████████ is currently a 9th grader in Fallsburg where his favorite things about school are learning new things. He studies hard to achieve good grades. He enjoys interacting with others in the classroom and exchanging ideas. His favorite sport is physical education and he loves playing soccer! When at home, ██████████ likes to play FIFA on his PlayStation, help around the house and make sure his room is clean and organized. When asked about his goals for the future, after graduating he would like to join the US Navy. It has been a dream since he was very little and he knows he will make his family proud.

By Comet Chronicles Reporter ██████████ s



Getting Involved Class of 2022!



Class of 2022 meets with class advisor Jeanette Espinoza and class president Tamia Caston about a class fundraiser. Students receive materials for the fundraiser and get a quick update on SGA and class activities before they head back to classes!



MUSIC



Exceptional **Fabulous** *Fantastic*
CONGRATULATIONS
Fantastic **Fabulous**
Terrific **OUTSTANDING**
Fabulous **OUTSTANDING** *Exceptional*
Terrific



Please Congratulate
Our 2019
Area All-State Participants:

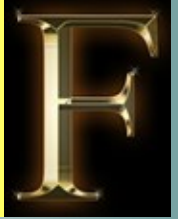


These students were selected
based upon their
Level 6 NYSSMA scores!



Go Comets!

School & Community



In the above photo, left to right: [REDACTED]

They are holding some of the dozens of packages and cans of non-perishable food items and frozen turkeys that they, along with the Student Government Association as well as many of their schoolmates collected during the few weeks leading up to Thanksgiving. SGA advisors Ms. Elisa Baum and Ms. Isabel Mejia had arranged for distribution of all of the donated food items to two local food banks in Hurleyville and South Fallsburg, just in time for Thanksgiving.

Environmental Club



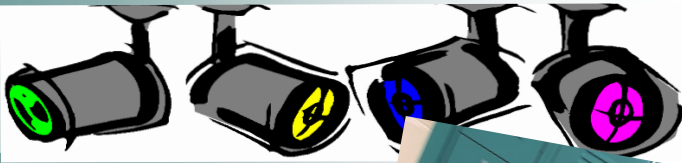
Students graciously pose for a photo before heading out to clean up around the school and community. Several of the students said that they were complimented by members of the community as they cleaned up the roads and loaded trash into bags. Their work was noticed and appreciated!

Strike up the band!



Students practicing during band. Left photo: [redacted] ick. Right photo: [redacted].

STUDENT SPOTLIGHT



██████████ is a 16 year old junior in Fallsburg. She loves getting involved in all sorts of school activities and clubs. She is a Class of 2021 representative in the SGA, resident thespian and president of the Drama Club and has been involved in many, many plays/performances throughout her high school career. She is also involved in softball! ██████████ enjoys her AP English class because it has helped her have a better understanding of literature and challenges her in ways that her other classes don't. She hopes to attend Hartwick College and would love to pursue a career in acting. ██████████ says that she is so inspired by one of her teachers who is also the drama director, Mrs. Magnifico. She is inspired by her because she helped ██████████ come out of her shell and believed in her when she didn't believe in herself. If all this weren't enough to keep anyone busy, ██████████ also tries to find time for reading, painting, singing, and going on adventures.



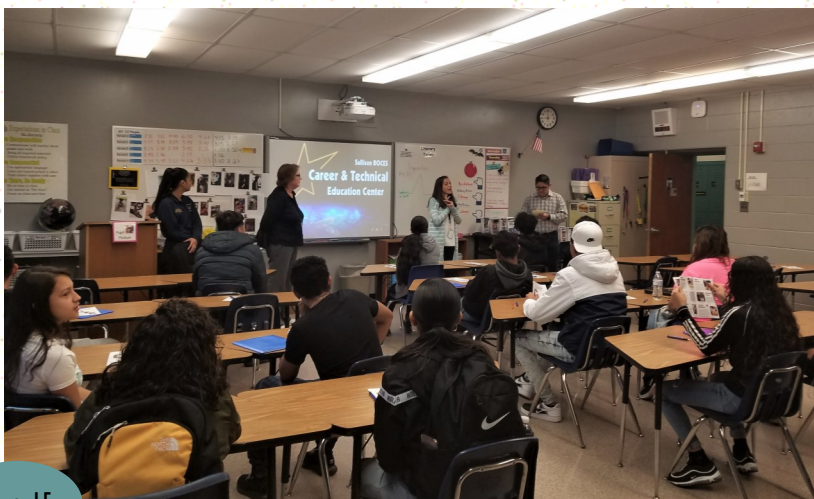
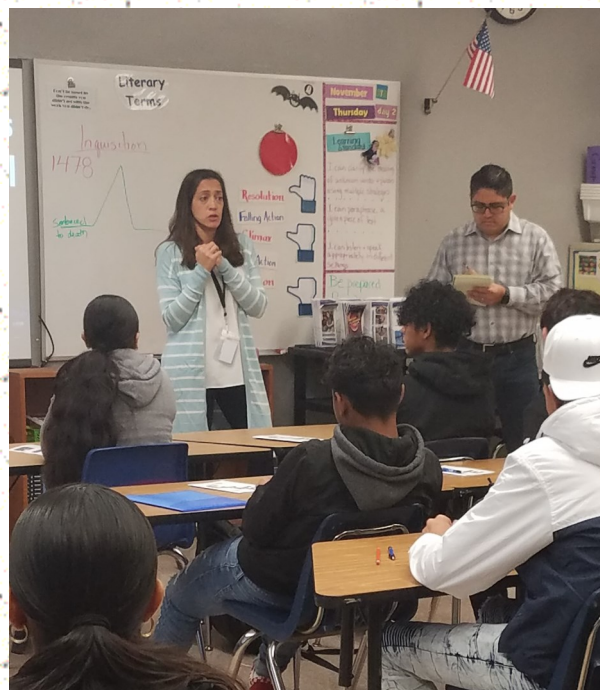
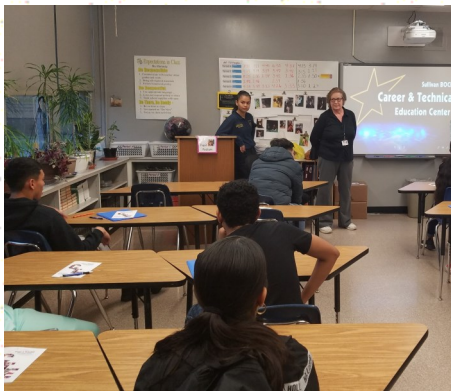
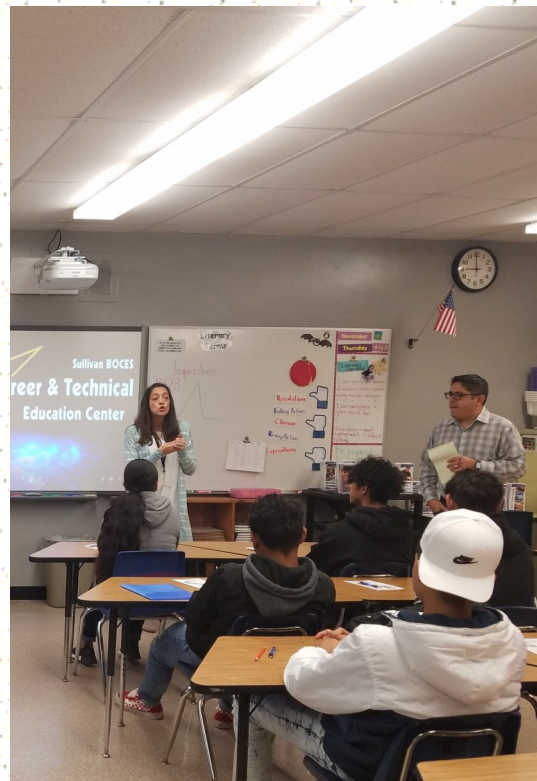
By Comet Chronicles Reporter ██████████

Career and Tech Day

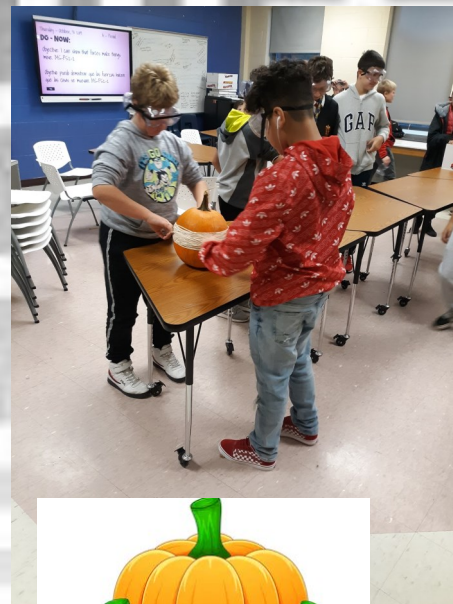
High school students listen intently as they are given all the information about the exciting programs offered through the BOCES Career and Technical Education Center.



Current student, [redacted] (above), tells students about the program that she is taking at BOCES. Students had a lot of questions for her and as someone who is currently enrolled in the program, she had many insights to offer.



SCIENCE EXPERIMENTS!

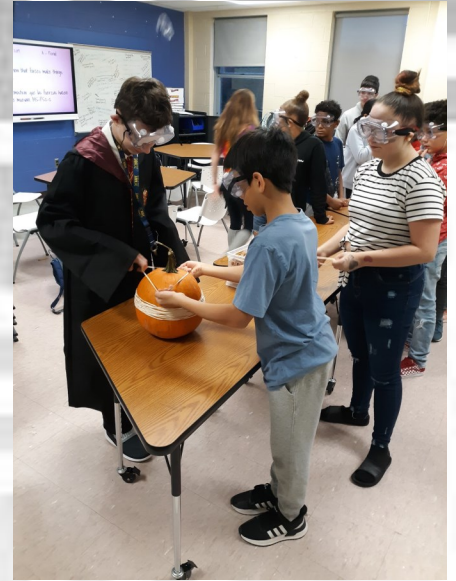


This year on Halloween, we didn't carve pumpkins... we blew them up!

8th grade physical science conducted a pumpkin explosion lab, as part of our force and motion unit. This activity allowed Mrs. Motter and Mr. Mullen to help students explore real data collection and graphing, correlation, and we will compare our data with data taken at schools all over the US! We contributed to the compilation of data for future use in schools to use as they explore force and motion through pumpkin explosions. We measured circumference, pumpkin wall thickness, pumpkin diameter, and height. We explored Newton's 1st and 2nd laws, Hooke's Law, velocity, acceleration due to gravity, and we predicted the amount of force necessary to make each pumpkin explode. All of this information was entered into spreadsheets that will be used for calculations and graphing. And don't worry, there were no real explosives involved.

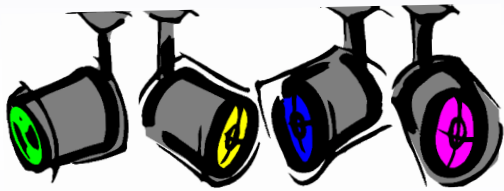
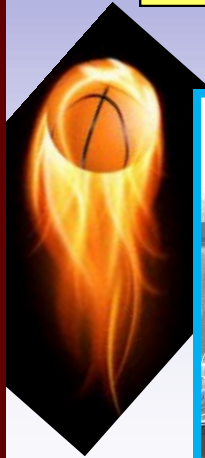
Thank you to all the teachers and students who donated pumpkins.
Mrs. Motter's 8th grade Science Class

SCIENCE EXPERIMENTS!



This year on Halloween, we didn't carve pumpkins...
we blew them up!

STUDENT SPOTLIGHT

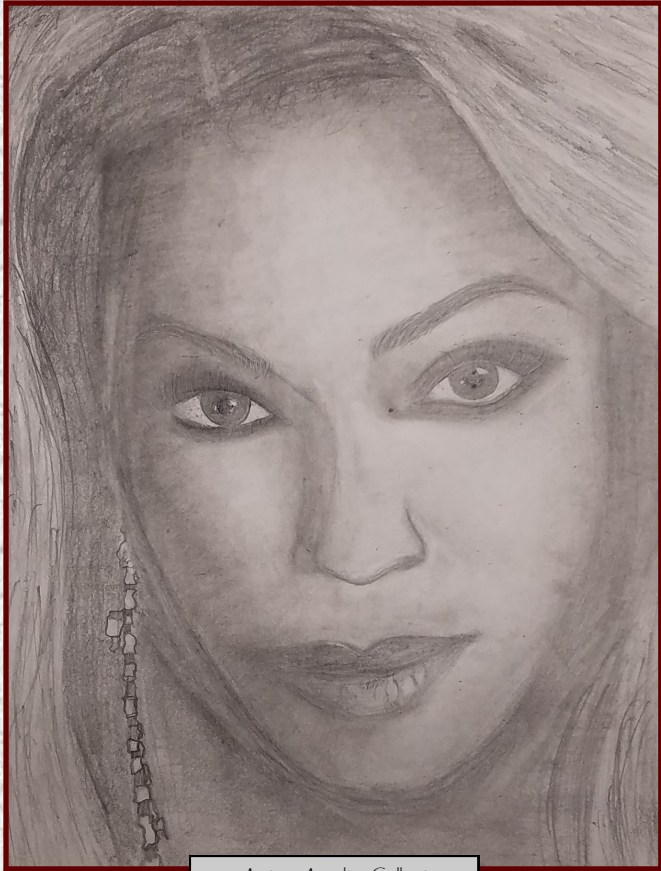


██████████ is a senior this year and he is a prime example of a successful student and athlete. In the fall, he helped lead the football team to the play-offs and he is currently on the varsity basketball team, a program which he has been involved in since freshman year. This coming spring, ██████████ plans to play varsity baseball and help build the program during his fourth and final year. David's goals for next fall, after he graduates from Fallsburg, are to attend Buffalo University to pursue pharmaceutical studies. Incredibly, he is able to maintain his class rank in the top 4 while being a three season athlete. He says it helps to focus on the important aspects of life. He has a good work ethic and is a natural leader, both of which have helped him become a member of the National Honor Society. Throughout all of the challenges that come with senior year, like studying, sports, completing college applications on time, and his AP courses, ██████████ is able to persevere and make his last year as a high school student count. ██████████ says that he wants to be the best version of himself regardless of the challenges. He is well on his way!

By Comet Chronicles Reporter ██████████



Amazing Artists!



Artist - Angelina Colletti



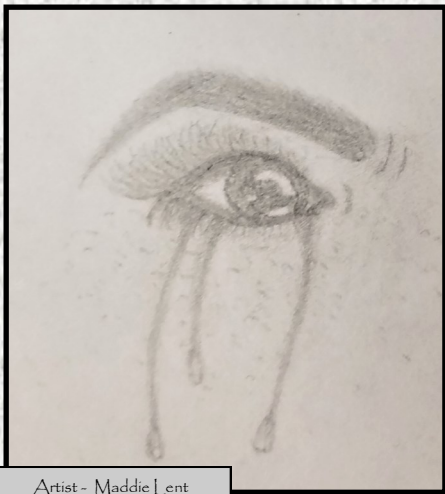
Artist - Sara DePace



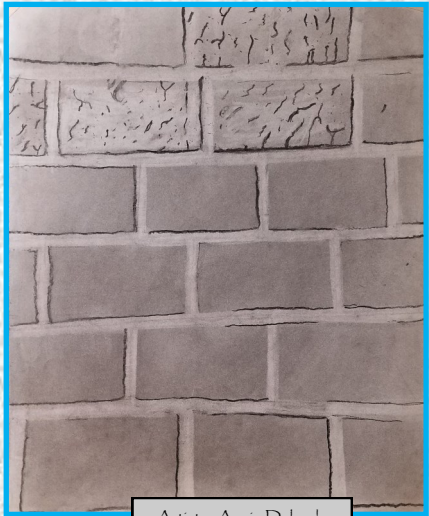
Artist - Miya Ennist



Artist - Emily Bassett

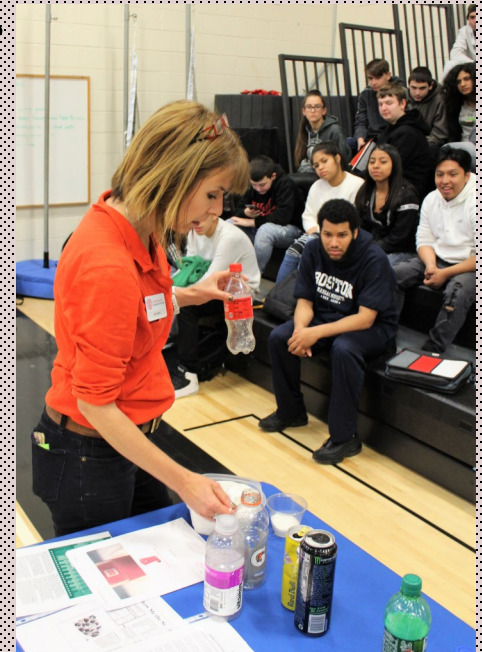
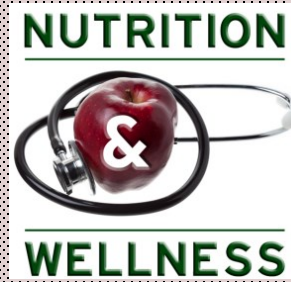


Artist - Maddie Lent



Artist - Angie Delgado

BCES and JSHS Wellness!



FCSD Gets Valuable Classes on Nutrition before Thanksgiving

As part of the FCSD Wellness Committee and just prior to Thanksgiving, Bee Moser, M.S., Nutritionist for the SNAP-Ed New York, Hudson Valley Region at Cornell Cooperative Extension Sullivan County (CCE), spent time at the District on healthy eating, drinking and exercise at both Benjamin Cosor Elementary School (BCES) and Fallsburg Jr/Sr High School. On November 15, Ms. Moser worked with sixth-graders in a program called "My Plate."

In the BCES Alternative gymnasium, students learned how to increase consumption of nutrient dense fruits and vegetables, whole grains, lean meats and low-fat dairy products. Ms. Moser used a colorful plate with these food group names when she asked the students what they knew about each type of food. The discussion was lively and thoughtful.

In the second half of the class, the Nutritionist became Physical Fitness Trainer. She took simple pieces of filmy material and demonstrated some fast-moving exercises with one of the sixth-grade teachers. She then had the children work in pairs with classmates while she shouted out steps to take in the exchange of the material in each pair. The kids were totally involved, passing the object overhead and between the legs to each other and getting quite giddy. At the end of the class, the students had learned valuable lessons about healthy eating and physical exertion. A great combination for well-being.

During two full days the following week, Bee Moser assisted by CCE's Beth Clancy-DiBartolo met all junior and senior high school physical education classes to demonstrate how much sugar is in many of the soft drinks they consume regularly and how dangerous and unhealthy they can be. A few students had soft drinks with them, and she amassed a collection of the bottles for her demonstration table. The discussions were quite animated.

Students learned of alternatives to sugary drinks. At the end of each class, the CCE staff gave out a one-sheet do's and don'ts on healthy and non-healthy beverages as well as a plastic SNAP-Ed infused water bottle. They can place cut up fruits or vegetables, put them in an infuser in the middle of the bottle and pour in cold or hot water for a refreshing drink. Hopefully, they will bring them to Thanksgiving Dinner.

School & Community



At The Worksite Wellness Summit held at New Hope Community Auditorium on October 4, 2019, Fallsburg Central School District received a "Platinum Award for Excellence in recognition of their commitment to health and wellness in Sullivan County." In the photo left to right are members of the FCSD Wellness Committee, Cornell Cooperative Extension's Sue Ann Boyd, FCSD Food Services Director Dara Smith, FCSD Wellness Committee Chair Suzanne Lenzian, first grade teacher Leah Exner, and FCSD Superintendent Dr. Ivan Katz.

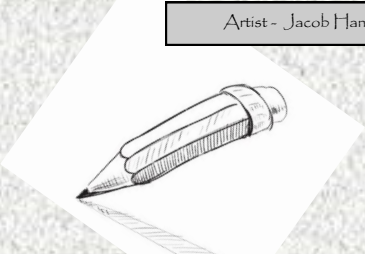
Amazing Artists!



Artist - Jacob Hannold



Artist - Jaclyn Diaz



Artist - Estefani Rodriguez



Artist - Emily Hannold



Artist - Dayana Reyes

Girls Varsity
Cross Country Team

Exceptional *Fabulous* *Fantastic*
CONGRATULATIONS
Fantastic *Fabulous*
OUTSTANDING
Fabulous *OUTSTANDING* *Exceptional*
Terrific



Pictured left to right: Coach Halikias, [REDACTED]
[REDACTED]
[REDACTED]



First time in Fallsburg history!

Congratulations to our Girls Varsity Cross Country team!

The girls varsity cross country team not only won the division, but they were also undefeated in the division... First time ever in Fallsburg history!



Poetry Corner

Poetry by Alexa Zuewsky



Little Girl World

*In little girl world you must obey all the rules.
Go with your friends, cant walk home from school.
Beware of the monsters lurking in the dark.
Car keys are brass knuckles while walking home from the park.
Forever these rules you must attend.
Don't go to bars alone, keep your drink in your hand.
Triple check it's your uber before you jump in.
If you forget even one of these steps, you are at risk, your life is in debt.
This is the world we live in, the only one we ever knew.
This is little girl world, but what does it sound like to you?*

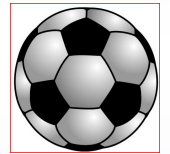
(untitled)

*I want to nullify my life.
I want to exercise my right;
To feel as little as I can.
To sit back in the sand,
As the waves rockaway
And the birds fly like planes.
I want to find excitement again, in the
eyes of a friend.
So we can peel the hours away,
off of times ugly face.*

Twenty Seven

*Why did you leave your soul on the
stage?
Nowhere to go when it all falls into
place.
Oh do you know how many hearts
you will break?
A spike in your vein, the biggest
mistake.
Cobain, Morrison, and Hendrix all
felt the same.
Drowning in the limelight as they
called out your name
Stand back and watch as you burst
into flames.
Oh how a musicians world reeks with
pain.*

STUDENT SPOTLIGHT



- ██████████ -

██████████ is a Senior in Fallsburg and is very active in sports as well as academics. In addition to sports and academics, she is also a member of senior band, chamber chorus, as well as senior chorus, where she is section leader of the sopranos. Sports have always been a big part of ██████████ life. During her high school career, ██████████ has played many sports, including soccer, softball, cross-country and she is currently the co-captain in basketball. She believes that cross-country is a sport that everyone should try because it improves mental mind-set and physical abilities. ██████████ says that although she is always busy, she still finds time to do things she enjoys like drawing, listening to music, and run with her dogs. At home, ██████████ has three older brothers. She is the youngest and the only girl, but this only pushes ██████████ to do even better to show what she is made of! ██████████ academics are just as important to her and she has made the honor roll. You go, ██████████ I am glad that she inspires others to work hard and I'm proud to call her my friend.



FCSD Third Annual Color Run

A Huge Success!



Fallsburg Central Schools Third Annual Color Run

On a mild sunny autumn day 170 parents, children, teachers, students, custodians, other staff and administration participated to make the Third Annual Color Our Community with Kindness Run the most successful ever. The team of organizers headed was by FCSD Positive Behavioral Interventions Support team (PBIS) led by teachers Brittany Davis, Nicole Cortes, Daniel Redmond and their team and FCSD Athletic Director Ms. Suzanne Lendzian of the district's Wellness Committee. Over eighty people registered for the 5K run/walk to combat bullying and promote positive behavior in FCSD. Registration fee was \$18 per person dependent on the date of application.

The Color Splash FUNDrun by Get Active Fundraising was designed for all ages and fitness abilities. Before the walk/run, participants doused each other with packets of safe coloring. All this was done in front of a huge canvas sign "KINDNESS" held up by four students. Many cell phone cameras were snapping away as a rainbow of colors showered everyone.

Along the route, participants passed through vibrant color zones, making it a "total color immersion." Additionally, each pre-registered participant was provided with a single powder color packet that was thrown in the air at the final color celebration at the finish line.

The intention of the event is to raise awareness of ending bullying while encouraging family fitness and just plain community fun. Each participant received a t-shirt, race bib, and individual color packets.

The list of supporting organizations for the event included the teams and coaches from Varsity Cross Country, Volleyball, Leo's Club, and Cheerleaders; FCSD Wellness Committee Members; and teacher aide Lisa McAdoo as DJ. A big shout-out goes out to the Building and Grounds Staff for clearing the 5K course and clean up with the help of the dozens of volunteers. Finally, organizers wish to thank the BCES PTA and several local organizations such as Sullivan County Cornell Cooperative Extension, the YMCA and Highland Lake Fire Department..

The money raised will help fund future events and support the District's efforts to reward those students that remain "Referral Free" for the entire school year. By the end of the day, it was clear that everyone felt a strong boost of school spirit that set a warm tone for the school year ahead. And by the way, Girl's Cross-Country Team Coach and FHS Teacher Danielle Halikias, a serious runner, had a personal best for a 5K of under 2 minutes from her previous best.

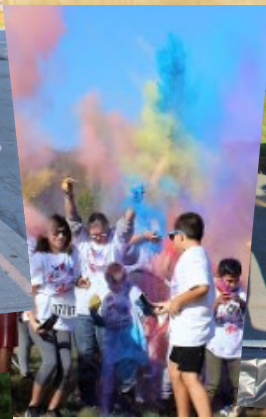
FCSD Third Annual Color Run

A Huge Success!



FCSD Third Annual Color Run

A Huge Success!



Field Trip!



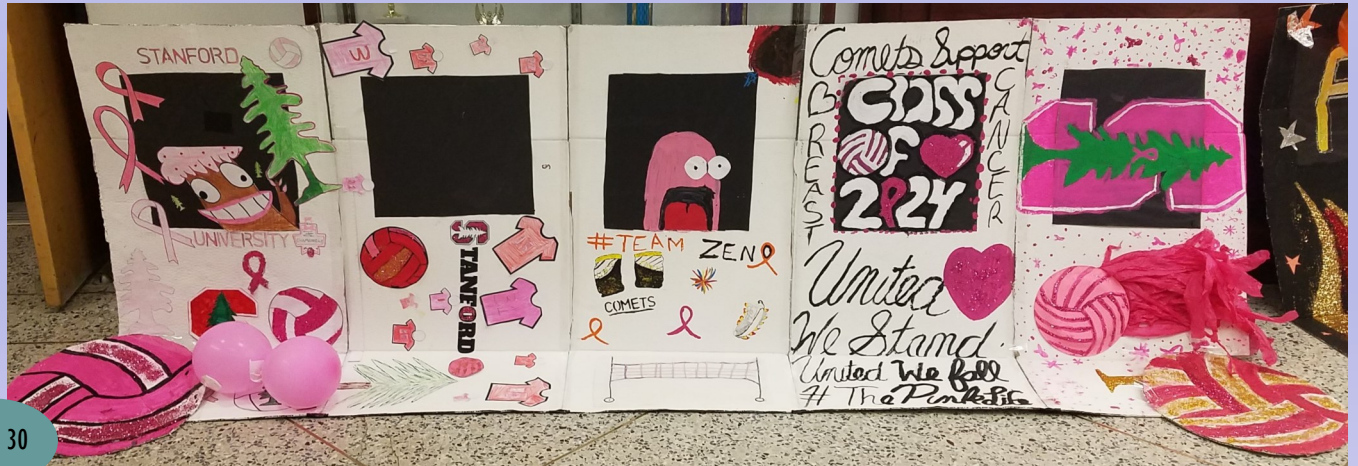
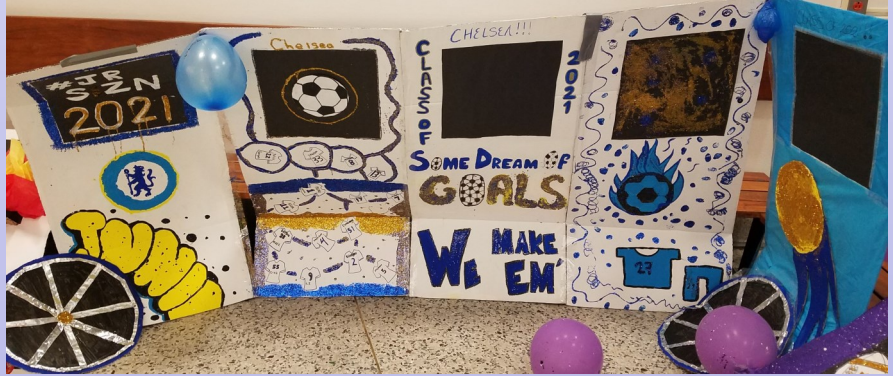
TSTT Field Trip to Mercy College
Students with TSTT visit Mercy College on November 5th. Students invited were: (in no particular order) [REDACTED]

SPIRIT WEEK!

Banner
Pride



SCHOOL
SPIRIT!



SPIRIT WEEK!

SCHOOL SPIRIT!



GO COMETS!



Dress up... You're never too old or too young!



Field Trip!

Youth Leadership Council at Bethel Woods Center for the Arts



Students who participated in a Youth Leadership Council field trip at Bethel Woods Center for the Arts (in no particular order);



January 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 SCHOOL CLOSED New Year's Day	2	3	4
5	6 Faculty Mtg.	7	8	9	10	11
12	13	14	15	16	17	18
19	20 SCHOOL CLOSED MLK, Jr. Day	21 - 24 NYS Regents Exams 21 - 24				25
26	27	28	29	30	31	
						21 Student Days

NOTES _____

Feel free to use this calendar to organize your assignments, appointments, sports schedules, or other important dates!
IMPORTANT NOTE: Due to snow days, spring break and other previously scheduled dates may change.



February 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Faculty Mtg.	4	5	6	7 Early Dismissal 1/2 Conf. Day	8
9	10	11	12	13	14  VALENTINES DAY	15
16	17 SCHOOL CLOSED Presidents Day	18	19	20	21	22
23	24	25	26	27	28	29 19 Student Days 1/2 Conf. Day

NOTES _____

Feel free to use this calendar to organize your assignments, appointments, sports schedules, or other important dates!
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Artist - Sirel McGinnis